

Forehead & periorbital complex rejuvenation with filler & toxin based on new anatomical concept

Je-Young Park

Apkoo-Jung Oracle Dermatology Clinic, Seoul, Korea

In recent years, the field of aesthetic medicine has witnessed remarkable advancements in facial rejuvenation techniques, particularly in the area of the forehead and periorbital complex. This lecture aims to provide a comprehensive overview of the latest anatomical concepts and approaches used to achieve natural and harmonious rejuvenation of these facial regions.

The lecture will begin by delving into the anatomy of the forehead and periorbital complex, highlighting the intricate network of muscles, ligaments, and fat compartments that contribute to facial expressions and structural support. Understanding the dynamic interplay between these anatomical components is crucial for successful rejuvenation outcomes.

The discussion will then explore new perspectives on the aging process and its impact on the forehead and periorbital complex. Insights from recent research and clinical observations will shed light on the changes that occur in soft tissues, bone structure, and skin quality, leading to common aesthetic concerns such as forehead lines, drooping eyebrows, and under-eye hollows.

Based on this foundation, the lecture will present innovative techniques and strategies for rejuvenation. Emphasis will be placed on a holistic approach that considers both the upper facial region and its relationship with adjacent areas, such as the temples and midface. Attendees will gain insights into the latest minimally invasive procedures, including neuromodulators, dermal fillers, and energy-based devices, which can be tailored to address specific patient concerns.

By the end of the lecture, participants will have a deeper understanding of the forehead and periorbital complex anatomy, the impact of aging on these areas, and the innovative approaches available for rejuvenation. This knowledge will empower aesthetic practitioners to optimize treatment outcomes while ensuring patient safety and satisfaction.