

The Beautiful Trap-Navigating the Dark Side of Lip Filler

Injection

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Lip filler injection is a popular cosmetic procedure used to enhance the appearance of the lips. However, unwanted results can occur if the procedure is not performed optimally. To avoid these issues, the author proposes following the 6As: amount, absorbable, allergic, aseptic, anatomy, and aesthetic.

First, it's crucial to use the appropriate amount of filler and avoid overfilling. Next, only use absorbable hyaluronic acid fillers and be prepared to manage rare allergic reactions before the procedure. Proper aseptic techniques should be followed to avoid infection, and understanding the lip area's anatomy is vital to prevent complications, especially concerning vascular anatomy. Finally, aesthetic considerations should be taken into account, such as whether the goal is reshaping or rejuvenation of the lips. Most importantly, relatively safe injection techniques for lip fillers should be used.