

The optimal design strategy of thread lifting for natural-looking outcome

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In the field of aesthetic dermatology, where non-invasive energy devices are mainstream for facial lifting and tightening treatment, thread lifting is a valuable treatment option that can provide immediate and noticeable results. I also use thread lifting to achieve a more dramatic effect for patients who feel that the results of energy-based device treatments are insufficient.

However, some of the disadvantages of thread lifting include changes in facial volume that can make the face appear wider or swollen, downtime to return to normal after the procedure, and the duration of the results may not meet the patient's expectations.

I would like to present design strategies to overcome these disadvantages. Depending on the design method and thread type, we can minimize facial widening and volume changes after the procedure and also achieve a natural-looking result with minimal downtime.

I will share my treatment experience and design method with a video demonstration.