

**CONTESSA SALVADOR-ALAPAG, M.D.,
DPAPSHPI**

**CSA MEDICAL AESTHETICS
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EDUCATION:

BS Biology, CUMLAUDE
ANGELES UNIVERSITY FOUNDATION
PHILIPPINES
1989-1993

Doctor of Medicine, VALEDICTORIAN
ANGELES UNIVERSITY FOUNDATION
PHILIPPINES
1993-1997

POSTGRADUATE INTERNSHIP
JOSE B. LINGAD MEMORIAL GENERAL HOSPITAL
PHILIPPINES
1998

Clinical and Cosmetic Dermatology in Medical Skin Health Training Foundation
Inc. (MSHTFI)
QUEZON CITY, PHILIPPINES
October 2009 - November 2010

Clinical Dermatology Course
National Skin Center Singapore
August 2014

Certificate in Aesthetic Medicine
American Academy of Aesthetic Medicine
March 2019

LICENSURE:

Professional Regulation Commission (PRC)
Philippines
Physician Licensure Examination Feb 1999 PASSED

US Medical Licensure Examinations 2001- 2004 PASSED

CURRENT POSITION: BIOCHEMISTRY LECTURER
ANGELES UNIVERSITY FOUNDATION SCHOOL OF MEDICINE
January 2007-Present

FOUNDER and CLINICAL DIRECTOR
CSA MEDICAL AESTHETICS
PHILIPPINES
Dec 2010-Present

AMERICAN ACADEMY OF AESTHETIC MEDICINE
FACULTY October 2019-Present

RESTYLANE, GALDERMA PHILS
LECTURER/SPEAKER/KOL

MERS AESTHETICS
(Xeomin, Belotero & Radiesse)
LECTURER/SPEAKER/KOL

AESTHETIC PIONEER EXPERTS MEETING (APEM)
N-FINDERS
KOL/SPEAKER

SKIN MEDICINE, INC.
KOL/SPEAKER

BISON MEDICAL INC. KOREA
KOL/SPEAKER

QUALIFICATION & CERTIFICATION:

DIPLOMATE, Philippine Association of Primary Skin Health Physicians Inc.
(PAPSHPI)

FACULTY, American Academy of Aesthetic Medicine (AAAM)
International

Associate Member of Philippine Academy of Aesthetic Surgery (PAAS)

Member, Dermatology and Aesthetic Surgery International League (DASIL)

Member, WOSAAM

Member, Korean College of Cosmetic Surgery

Member, International Society for Dermatologic Surgery

GUEST SPEAKER/LECTURES:

AAAM International Level 1 Certificate Course and Level 2 Diploma Course

Lectures and Hands-on workshop

Botox, Fillers, Lasers, Chemical Peels, PRP, Mesotherapy, Pain Management and Cosmetic Dermatology

January 10-12, 2023, Surabaya Indonesia

American Academy of Aesthetic Medicine 18th Annual Congress

Nov.10-12, 2022 Hilton Long Beach California USA

3 Topics: 1. Complications of ThreadLifting

2. Artistry in Aesthetics: PDO threadlift for rejuvenation of the aging face

3. The Inconvenient Truth of Acne Management: Male vs. Female

APEM SouthEast Asia

Nov. 5-6, 2022 Kuala Lumpur Malaysia Avante Hotel

“Repeat Yko PDO nose threadlift for a semipermanent effect”

AAAM International Level 1 Certificate Course and Level 2 Diploma Course

Lectures and Hands-on workshop

Botox, Fillers, Lasers, Chemical Peels, PRP, Mesotherapy, Pain Management and Cosmetic Dermatology

October 17-20, 2022, Surabaya Indonesia

PAPSHPI 18th Annual Convention

October 12-13, 2022 Novotel Manila Center

“Identify, Mix and Match Face Injectables Suitable for Patients’ Desires”

AAAM Level 1 Certificate Course on Aesthetic Medicine

Lecture and Hands-on Workshop

October 7-9, 2022 Quest Hotel Clark Philippines

PAPSHPI 19th Annual General Assembly

July 6, 2022 Novotel Manila Araneta Center

“Different threads and its Uses”

Cosmedic and Bison Medical Workshop, International

May 2-3, 2022

Antalya, Turkey

Topics: 1. “Safe filler injection techniques for removing glabellar and nasolabial folds”

2. “How to inject filler into forehead and temporal hollow for natural looking appearance”

3. “Techniques to make small and round-looking face with PDO threads”

4. “New techniques using PDO Double Needle and Nose Cog combined with filler”
5. “How to prevent filler-induced complications such as blindness and skin necrosis?”
6. Combined Filler and Stellar Thread Lifting and Skin Booster for Perfect Facial rejuvenation with micro needling”

Live demonstration Filler, PDO threads and Skin Booster with Needling.

Galderma Aesthetic Injection Network

March 24, 2022, Quezon City

“Triangle of Youth” Cheek and Chin Augmentation

“The Look”: Tear Trough (Periorbital rejuvenation)

American Academy of Aesthetic Medicine

March 13-15, 2022, Quest Hotel Clark Phils.

Level 1 Course on Toxin, Filler, Chemical Peel and Lasers

Galderma Aesthetic Injection Network

September 30, 2021

“Managing Dermal Filler Complications”

ICLAS WORLD CONGRESS 2021

September 11-12, 2021

“PDO THREADS for deep glabellar furrows”

13TH 5CC World Congress (Virtual)

September 4, 2021

“Volumizing threads for Deep Static Lines, hollow under eye, and nasolabial folds – An alternative to dermal filler”

American Academy of Aesthetic Medicine

CSA Medical Aesthetics, Angeles City

July 17-18, 2021

Level 1 Workshops on Toxin, Filler, Chemical Peel and Lasers

American Academy of Aesthetic Medicine Virtual Summit 2021

June 5-6, 2021

“Identify, Mix and Match different injectables suitable for patients’ desired results”

Galderma Aesthetic Injector Network

Feb. 18, 2021

“The Look”: Tear Trough (Periorbital Rejuvenation)

PAPSHPI VIRTUAL SUMMIT

Nov. 18, 2020

“Emerging techniques with the use of Incobotulinum Toxin A”

GVAS 2020 SUMMIT

Nov. 14, 2020

“PDO for dark circles”

“Nose Augmentation using PDO threads”

12th 5CC World Congress (Virtual)

Barcelona Spain

August 30, 2020

“Combination filler and threads for nonsurgical rhinoplasty”

22nd POST GRADUATE COURSE

FAR EASTERN UNIVERSITY

DEPT. OF OTOLARYNGOLOGY – Head and Neck Surgery

Section of Facial Plastic and Reconstructive Surgery

“Visage: Exploring Novel Ideas and Techniques in Facial Rejuvenation”

TOPIC: NONSURGICAL CORRECTION OF FESTOON/MALAR PTOSIS

March 11, 2020 Seda Vertis North Quezon City Philippines

American Academy of Aesthetic Medicine

16th Annual Convention, Las Vegas Nevada USA Nov. 2019

“Face rejuvenation using multidirectional Cog Threads”

Korean College of Cosmetic Medicine

Annual convention Seoul Korea Nov 2019

“Nonsurgical correction of Malar Festoon”

1st PASCAL Aesthetic International Convention

Kuala Lumpur Malaysia Oct 20, 2019

TOPIC: “Artistry in Aesthetic Medicine: Combination filler and threads for face rejuvenation”

PAPSHPI 15TH ANNUAL CONVENTION

Manila Phils. Oct. 2019

“Artistry in Aesthetic Medicine: Combination CaHA and Hyaluronic Fillers for full face rejuvenation”

40th ISDS ANNUAL MEETING

Global Advances in Dermatologic and Aesthetic Surgery, “Trends, Innovations and Challenges”

Sept. 27-28, 2019 EDSA SHANGRILA PHILIPPINES

TOPIC: COMPLICATIONS OF THREADS

Topic: “The 3P’s of Xeomin”

MERZ AESTHETICS

May 5, 2019

CSA DERM CENTRE, Philippines

Topic: “Triangle of Youth”

(Basic Training on Hyaluronic Acid Dermal Fillers)

April 23, 2019 - Quezon City, Philippines

Topic: “Triangle of Youth Injection Techniques”

Hands-on Demo

April 24, 2019 - Quezon City, Philippines

PAPSHPI 5th MIDYEAR CONVENTION

MASTER CLASS VI

Theme: “Harmonizing the Skin Health”

Topic: The Inconvenient Truth about Acne Management Men VS Women

April 3, 2019 – Quest Plus Hotel

Korean Dermatology Convention Seoul Korea

Topic: ‘Nose Augmentation Using Threads’

March 29, 2019

PAPSHPI 14TH ANNUAL CONVENTION

Topic: “Alternative Therapeutic Approach to Acne Vulgaris – Mitigating Side Effects & Extending Remission”

October 12, 2018

APEM – ASIAN PDO THREAD EXPERTS MEETING

Topic: “Combination Filler and Threads for Non-Surgical Rhinoplasty”

May 26, 2018 – HONGKONG

RESTYLANE WORKSHOP

Topic: “Triangle of Youth”

May 22-24, 2018 - Quezon City, Philippines

2018 KALDAT

Topic: “WON TECH, MEDYTOX AND N FINDERS”

April 28, 2018, PHILIPPINES

INTERNATIONAL FORUM ON AESTHETIC MEDICINE (IFAM)

Topic: “Advanced Korean Facial Aesthetics”

MODERATOR

April 15, 2018

PAPSHPI – MASTER CLASS V

4TH MID YEAR CONVENTION/ 15TH ANNUAL ASSEMBLY

Topic: “Getting Rid of the Double Chin through Chin Augmentation”

April 14, 2018

The 1st ASIA PDO EXPERTS MEETING (APEM)

Topic: “Combination Filler and Threads for Non-Surgical Face Lifting”

July 30-31, 2017 – SINGAPORE

RESTYLANE TRIANGLE OF YOUTH

July 18-20, 2017 – ORTIGAS MANILA, PHILIPPINES

ANGELES UNIVERSITY FOUNDATION INTEGRATED SCHOOL
COMMENCEMENT EXERCISES

“MOVING UP CEREMONY”

April 2017 – PHILIPPINES

GALDERMA PHILIPPINES

RESTYLANE MODULE I: “Triangle of Youth”

February 2017 – ORTIGAS MANILA, PHILIPPINES

PAPSHPI 12th ANNUAL CONVENTION

Topic : “The Confidence Builder in Skin Booster Vital”

October 15, 2016 - NOVOTEL MANILA ARANETA, PHILIPPINES

3- DAY WORKSHOP

Topic : Restylane Basic Dermal Filler Injection Techniques”

August 2016 - ORTIGAS MANILA, PHILIPPINES

CNN PHILIPPINES TV9

Topic: Common skin diseases during the rainy season

June 2016

CNN PHILIPPINES TV9

Topic : NONSURGICAL COSMETIC PROCEDURES

October 2015

PAPSHPI 11TH ANNUAL CONVENTION

Topic: Pearls of Dermal filler

October 10, 2015 - Marco Polo, Ortigas Manila, Philippines

SERBISYO-ALL-ACCESS TV9
Topic: Common Skin diseases and their remedies
October 2014

Jose B. Lingad Memorial Regional Hospital
Topic: “How to Age Gracefully”
San Fernando Pampanga September 4, 2013

Casino PAGCOR Balibago Angeles City
Topic: “Be young, Fight Aging”
March 2013

AWARDS:

MERZ AESTHETICS
TALA AWARDS
3 Star Category: ULTHERAPY CONTROL UNIT
September 8, 2022

MERZ AESTHETICS
TALA AWARDS
3 Star Category: RADIESSE
September 8, 2022

MERZ AESTHETICS
TALA AWARDS
3 Star Category: BELOTERO
September 8, 2022

APEM SOUTHEAST ASIA
MALAYSIA 2022
Award of Appreciation
November 5-6, 2022

SKIN MEDICINE INC
2021 Silk Award
“Leader in dermal filler injection”
And Thread Aesthetics award

Medical Skin Health Training Foundation INC
“Dr. Albuquerque C. Lopez Sr. Excellence Award”
October 16, 2021

SKIN MEDICINE INC
2020 Silk Award
“Leader in Dermal Filler Injection”
And Thread Aesthetics Award

MERZ AESTHETICS
TALA AWARDS
4 Star Category: BELOTERO
September 17, 2020

MERZ AESTHETICS
TALA AWARDS
3 Star Category: Ultherapy Control Unit
September 17, 2020

SKIN MEDICINE INC
SILK AWARD
2019 PHILIPPINES
“Leader in Thread Aesthetics”
October 19, 2019

RESTYLANE
SILK AWARD
2019 PHILIPPINES
“Leader in Dermal filler Injection”
October 19, 2019

RESTYLANE
SILK AWARD
2019 PHILIPPINES
“Ambassador Restylane Dermal Filler Injection”
October 19, 2019

MERZ AESTHETICS
Ultherapy Certified Treatment Provider
2019- PHILIPPINES

The Silk Award
“Leader in Thread Aesthetics”
September 29, 2018 - Shangri-La BGC, PHILIPPINES

TALA AWARDS
Gabi ng Parangal at Pasasalamat
July 11, 2018

Alumni Choice Award
Angeles University Foundation
May 19, 2017

People's Choice Awardee
Outstanding Aesthetician and Skin Care specialist
March 17, 2018

People's Choice Awardee
Outstanding Skin Care and Aesthetics
March 17, 2018

Outstanding Skincare & Aesthetic Center
People's Choice Award (2015-2016)

Best Aesthetic Skin Care Center in Central Luzon
April 2016

TOP FILIPINO AWARDEE AND DANGAL NG BAYAN AWARDEE (2015)

GLOBAL SEAL OF EXCELLENCE AWARD (2015-2016)

Outstanding Advocate in Youth Empowerment
February 2015

Outstanding Kapampangan Awardee
2014-2015

PAST CLINICAL EXPERIENCE:

Resident Physician, Lifeline Medical Center
Clark, Angeles City 2006-2008

Company Physician, America-On-line (AOL)
1999-2001

Company Physician E-Telecare 2006-2007

Resident Physician, Pamana Hospital Angeles City
Perpetual Hospital Angeles City
St. Catherine Hospital Angeles City 1999-2001