David Pudukadan

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Interested in Lasers, Vitiligo treatments and Paediatric Dermatology

EXPERIENCE

Professor Dec 2021-

Jubilee Mission Medical College and Research Institute, Thrissur Provided vision, planned, and developed from scratch fellowship program for Aesthetic Dermatology. Managed all related activities: seminars, hands-on training and taught lectures. My other preferences included research, publications, and writing chapters in dermatology-related textbooks.

Associate Professor

May 2009 - Dec 2021

Jubilee Mission Medical College and Research Institute, Thrissur My priorities and work included teaching undergraduates and postgraduates.

Assistant Professor

May 2004 - May 2009

Jubilee Mission Medical College and Research Institute, Thrissur I have been an MBBS graduate teacher in the subject of Dermatology, Venereology and Leprology during this period. My interests were Dermatosurgery, Vitiligo surgery and lasers.

Consultant Dermatologist

Aug 2001 - Present

Pudukadan's Derma Laser Centre, Thrissur

I started working in my family practice with my father and wife. We had started a center of our own and is at present the premier centre for Dermatology, lasers, and Phototherapy in our city.

Junior resident Apr 2001 - Mar 2004

JIPMER, Thrissur

I did my postgraduation in Dermatology, Venereology, and Leprology from this institution. JIPMER is a premier autonomous institution that primarily does research and does a lot of publications in national and international journals.

Graduate Sep 1992 - Jan 1999

Government Medical College, Thrissur I completed my MBBS graduate course in this period.

EDUCATION

MD – Dermatology, Venereology, and Leprology

Apr 2001 - Mar 2004

Jawaharlal Institute of Postgraduate Medical Education and Research, Pondicherry

MBBS - Medicine Sep 1992 - Jan 1999

Government Medical College, Thrissur

SKILLS

Laser Surgery

Underwent Laser training under Moshe Lapidot and Marina Landau at Tel Aviv University in Israel.

Have been a laser trainer for the past 7 years.

Have experience in hair removal lasers, q-switched Nd YAG lasers, vascular lasers, body contouring devices, and radiofrequency devices.

Botulinum toxin and Dermal Fillers treatment

Have undergone training under Woffles Wu and Mauricio De Maio on Dermal Filler and Botulinum toxin usage and am an expert on MD coats. Have been using these from 2008 onwards.

Phototherapy and Vitiligo surgery.

My special interest has been vitiligo, and have been doing vitiligo surgeries and using phototherapy machines for the past 14 years.

Intermediate in: Research and publications.

Editorial board member for JCAS journal

Subeditor for a IADVL Textbook on Acne scar Management

Contributed chapters in IADVL Handbook on Aesthetic Procedures in Dermatology, India Point of Contact (Chapter on Botulinum toxin – in print), Software in Aesthetics and Botulinum on unusual sites .

PUBLICATIONS

Dave S, Pudukadan D, Thappa DM. Griscelli Syndrome: A Rare Immunodeficiency Disorder with Partial Albinism. The Journal of Dermatology. 2004 Mar;31(3):247–50.

Pudukadan D, Thappa DM. Adverse cutaneous drug reactions: clinical pattern and causative agents in a tertiary care center in South India. Indian J Dermatol Venereol Leprol. 2004 Feb;70(1):20–4.

Elias A, Madhusoodanan S, Pudukkadan D, Antony JT. Angioedema and Maculopapular Eruptions Associated with Carbamazepine Administration. CNS spectr. 2006 May;11(5):352–4.

Pukadan D, Antony J, Mohandas E, Cyriac M, Smith G, Elias A. Use of escitalopram in psychogenic excoriation. Aust N Z J Psychiatry. 2008 May;42(5):435–6.

Pudukadan D. Treatment of Acne Scars on Darker Skin Types Using a Noninsulated Smooth Motion, Electronically Controlled Radiofrequency Microneedles Treatment System. Dermatol Surg. 2017 Jan;43(1):S64–9.

Santhakumar R, Pudukadan D, Vincent J, Parameswaran B. Opalescent Grouped Vesicles Over the Face: An Important Indicator of Staphylococcal Septicemia: Brief Report. Pediatric Dermatology. 2012 Mar;29(2):230–2.

Dhawan S, Kumari P, De A, Pall A, Pudukadan D, Romi E, et al. Lasers Use in Dermatology Practice in the Evolving COVID-19 Scenario: Recommendations by SIG Lasers (IADVL Academy). Indian Dermatol Online J. 2020 Jun;11(3):337–42.

Thomas J, Shankar K, Pujara S, Sharma R, Pudukadan D, Sachdev M, et al. Consensus on management of acne-induced post-inflammatory hyperpigmentation: an Indian perspective. Int J Res Dermatol. 2021 Feb 22;7(2):336.

Pudukadan D, John B. Toxic epidermal necrolysis and coronavirus disease 2019: A rare association. JSSTD. 2021 May 25;3:184–7.

Pudukadan D. Lichen planus occurring as Koebner phenomenon at the site of "cupping." JSSTD. 2021 Jul 22;0:1–2.

Pudukadan D. Energy-Based Devices for Rejuvenation A. Assessment of Patients for Energy-Based Devices. In: IADVL Handbook of Aesthetic Procedures in Dermatology. 1st ed. New Delhi: CBS Publishers and Distributors Pvt. Ltd.; 2022AD. p. 375.

India Point of Care textbook (In print) Chapter on indications and contraindications of Botulinum toxin

IADVL textbook on treatment of Acne scar (In process) Associate editor and have written chapter on Objective and instrumental assessment of Acne scars and chapter on Silicone for treatment of acne scars

IADVL Post Graduate Textbook of Aesthetics Chapter (in process) on Special treatment considerations with botulinum toxin and chapter on Software for assessment

TALKS AND PRESENTATIONS

- 1. Invited speaker in National and International forums
- 2. Teaches safe use of laser and on aesthetic procedures
- 3. Secretary, IADVL Kerala for 2.5years
- 4. Conference organiser for around 15 conferences and webinars

LICENSES & CERTIFICATIONS

Member

Member ASLMS	2016
Member EADV - 11556	2014
Member International Association of trichology	2014
Life Member ACSI - KR/ACSI/1201	2013
Fellow <i>AAD - 314773</i>	2011
Diploma in Aesthetic Medicine <i>AAAM</i>	2009
Member IADVL - LM/K/4118	2004
VOLUNTEER	
Co-ordinator SIG Lasers	Feb 2022 - Present
Convenor SOP Committee	Jan 2021 - Feb 2022

Jan 2021 - Jan 2022

Media Cell IADVL

Member Jan 2020 - Feb 2022 SIG Lasers **Secretary** *IADVL Kerala* May 2018 - Nov 2020 Member Jan 2018 - Jan 2020 SIG Laser Aesthetics May 2017 - May 2019

Joint Secretary
IADVL Kerala