

#### MEDICAL DIRECTOR

### Clique Clinic

### Clique Clinic PJ

4, Jalan 19/36, Seksyen 19, 46300 Petaling Jaya Selangor, Malaysia.

### Clique Clinic Bangsar

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#### CONTACT

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#### LANGUAGES SPOKEN

English Chinese (Mandarin) Malay Japanese

## TINGSONG, LIM M.D.

### WORK EXPERIENCE

2012 -**Medical Director** Clique Clinic, Malaysia Present Medical Mahameru International 2010 - 2012 Consultant Medical Center (MIMC) 2008 - 2010 **Resident Doctor** Cleveland Clinic, USA Teine Keijinkai Hospital, 2006 - 2008 **Resident Doctor** Japan

### **EDUCATION**

Tohoku University School of Medicine, Japan March 2016

Igaku-shi (M.D.)

Tokyo University of Foreign Studies, Japan

March 2000 Japanese Language

### **EXECUTION CONTRACT**CLINICAL CLERKSHIP

- Massachusetts General Hospital, USA
- Kohnan Hospital, Japan
- Miyagi Children's Hospital, Japan
- St. Luke's International Hospital, Japan
- Kameda Medical Center, Japan
- University of Debrecen, Hungary

### RESEARCH TRAINING

- Development Neurobiology, Tohoku University, Japan. Supervisor: Prof. Noriko Osumi
- National Center for Scientific Research / Institut Curie, France **Supervisor: Prof Lionel Larue**
- Molecular Biology & Applied Physiology, Tohoku University, Japan Supervisor: Prof Shigeki Shibahara

#### QUALIFICTIONS

- Japanese Medical Board
- United States Educational Commission for Foreign Medical Graduates (ECFMG)
- Malaysian Medical Council
- Letter of Credentialing and Privileging (LCP)

#### **AWARDS**

#### **Best Abstract Award**

Facial Overfilled Syndrome in Asia 5 Continent Congress (5CC) 2017

### Best Clinical Cases in Non-invasive Body Reshaping

Anti-aging & Beauty Trophy AMEC & VISAGE 2017-2018

### Best Clinical Cases in Facial Rehabilitation

Anti-aging & Beauty Trophy AMEC & VISAGE 2017-2018

#### **POSITIONS**

- Board of Director for International Society of Dermatologic & Aesthetic Surgery (ISDS)
- Scientific Director for Aesthetic Dermatology Academy Conference (ADAC)
- Scientific Board for 5 Continent Congress (5CC)
- Scientific Committee for IMCAS World Congress
- Scientific Committee for AMWC World Congress
- International Scientific Director for iSWAM
- Treasurer for MSAM

### **PUBLICATIONS**

### Takotsubo Cardiomyopathy Associated with Autoimmune Polyendocrine Syndrome II

Journal of Cardiology 2009 Apr; 53(2):306-10

### Anti-GBM and MPO-ANCA 'double positive' rapid progressive glomerulonephritis: how do we treat from there?

Nephrology 2008. 13. A24-A24.

#### Presented:

Japanese Society of internal Medicine Meeting September 2007 11th Asian Pacific Congress of Nephrology 2008

Facial Overfilled Syndrome: Complications of inappropriate filler delivery PRIME Journal, 2018 Jan 25.

### Projection capacity assessment of hyaluronic acid fillers

Plastic and Aesthetic Research June 2018; 5(6):19 doi:10.20517/2347-9264.2018.24

### A New Simplified Visual Assessment Tool Describing Facial Morphotypes Observed and Desired in Asian Populations

Clin Aesthet Dermatol. 2020 Apr;13(4):23-34

### Delayed Inflammatory Reactions to Hyaluronic Acid Fillers: A Literature Review and Proposed Treatment Algorithm

Clin Cosmet Investig Dermatol. 2020 May 18;13:371-378. doi: 10.2147/CCID.S247171

### Recommendations for Dermatology Office Reopening in the Era of COVID-19

J Drugs Dermatol. 2020 Jul 1;19(7): e1-e9. doi: 10.36849/JDD.2020.5293

### A review of combined treatments for melasma involving energy-based devices and proposed pathogenesis-oriented combinations.

J Cosmet Dermatol. 2021 Apr 1. doi: 10.1111/jocd.14110

# Customized Treatment Using Microfocused Ultrasound with Visualization for Optimized Patient Outcomes: A Review of Skin-tightening Energy Technologies and a Pan-Asian Adaptation of the Expert Panel's Gold Standard Consensus

J Clin Aesthet Dermatol. 2021;14(5): E70–E79.

#### Skin Quality – A Holistic 360° View: Consensus Results.

Clin Cosmet Investig Dermatol. 2021; 14:643-654 doi: 10.2147/CCID.S309374

### Target-Specific Sandwich Technique: Facial Rejuvenation Leveraging CPM Technology

J Cosmet Dermatol. 2021 Jul 13. doi: 10.1111/jocd.14342

### Enhancing the appearance of the 'six-pack' muscles using cryolipolysis: A safe and effective method

Plast Reconstr Surg. 2021 Oct 1;148(4):775-779. doi:10.1097/PRS.000000000008320

Consensus on the Use of Hyaluronic Acid Fillers from the Cohesive Polydensified Matrix Range: Best Practice in Specific Facial Indications Clinical, Cosmetic and Investigational Dermatology Vol. 14:1175-1199 doi:10.2147/CCID.S311017

## Pan-Asian Consensus on Calcium Hydroxyapatite for Skin Biostimulation, Contouring, and Combination Treatments

Journal of Clinical and Aesthetic Dermatology 14(8):E76-E85

### Micro-focused Ultrasound in Aesthetic and Regenerative Gynecology January 2022

doi: 10.1007/978-981-16-1743-0\_12

### Global Expert Opinion on Cryolipolysis Treatment Recommendations and Considerations: A Modified Delphi Study

Aesthetic Surgery Journal Open Forum, Volume 4, 2022, ojac008 doi: 10.1093/asjof/ojac008

#### **LECTURES & PRESENTATIONS**

2022 IMCAS World Congress, Paris 2022

AMWC Asia 2022

Sinclair Train the Trainers, Dubai 2022 AMWC World Congress, Monaco 2022

2020 Merz Global Marketing Summit, Paris, Jan 2020

Sinclair Advisory Board Meeting, Paris, Jan 2020

IMCAS World Congress, Paris, Jan 2020

2019 Merz Masterclass 2019 at Siriraj Hospital, Mahidol University

Taiwanese Dermatology Association (TDA) Meeting, Dec 2019

iSWAM, Indonesia, Dec 2019

CoolSculpting Education Taiwan, Dec 2019

Xeomin Advisory Board Meeting, Malaysia, Dec 2019

ICAD, Bangkok, Nov 2019

CoolSculpting Expert Meeting, Barcelona, Nov 2019 Plastic & Reconstructive Surgery Korea, Nov 2019

Merz Expert Summit, Munich, Nov 2019 AMWC Latin America, Colombia, Oct 2019

ECAMS Bangkok, Oct 2019

Allergan CoolSculpting Forum, Manila, Sept 2019

ISDS, Manila, Sept 2019 AIDA, Abu Dhabi, Sept 2019

Merz KOL Meeting, Frankfurt, Sept 2019

CoolSculpting Expert Meeting, Barcelona, Sept 2019

PAAAMMI, Manila, Sept 2019

ADAC, Kuala Lumpur, Aug 2019

Thailand CoolPetite Launch, Bangkok July 2019

IMCAS Asia, Bali, July 2019

FACE London, June 2019

Sinclair World Expert Meeting (WEM), Seoul, June 2019

Cutera truSculpt Launch, Seoul, May 2019

ITCAM Bangkok, May 2019

AMWC Asia, Taipei, May 2019

Viol Vancouver Talk, Vancouver Canada, May 2019

IDEA, Istanbul, April 2019

Sylfirm Lecture, Tokyo, April 2019

Allergan CoolSculpting Symposium, Chenadu, April 2019

MAPACS Meeting, Kuala Lumpur, April 2019

AMWC Monaco, April 2019

Korea Derma, Seoul, March 2019

Ultherapy Symposium, Manila, March 2019

Teoxane Expert Meeting, Geneva, March 2019

DSAC, Bangkok, March 2019

Biostimulator Talk, Osaka, February 2019

IMCAS World Congress, Paris, February 2019

ATAP, Bangkok, January 2019

Merz Malaysia Serendipity Journey, January 2019

2018 Merz HongKong Serendipity Journey, December 2018

Merz Thailand Train the Trainers, December 2018

iSWAM, Indonesia 2018

MCA, Monaco 2018

PAAAMI, Manila 2018

SAM, Singapore 2018

IMACE Kuala Lumpur 2018

AAMS, Pakistan 2018

IMCAS Asia, Bangkok 2018

Body Aesthetic Conference, Singapore 2018

ISDS/SIDCO Joint Congress, Rome 2018

Aesthetic Dermatology Academy Conference (ADAC) 2018

AMWC Asia, Taipei 2018

2nd World Congress on Anti-Aging, Aesthetic, Regenerative, Nutritional and

Exercise Medicine, Malaysia

International Conference in Dermatology, Aesthetic Dermatology and Anti-aging

Medicine (Juntendo University – Mae Fah Luang University), Thailand

Forum of Adipose Tissue And Stem Cells (FATS) 2018, Thailand

AMWC Monaco 2018

Merz APAC Masterclass in collaboration with Siriraj Hospital

Dermatology Symposium for ASEAN Community (DSAC) 2018, Bangkok Thailand

IMCAS World Congress Paris 2018

2017 International Seminar & Workshop in Aesthetic Medicine (i-SWAM) 2017, Jakarta

International Congress of Aesthetic Dermatology (ICAD) 2017, Bangkok

1Malaysia – 5th World Congress on Sports & Exercise Medicine 2017, Kuala Lumpur World Congress of Dermatology & Aesthetic Surgery (ISDS) 2017, Bangkok Thailand

23rd Asia Pacific Dermatology Conference, Osaka Japan

Sinclair World Expert Meeting (WEM) 2017, Barcelona

4th Malaysian Society Aesthetic Medicine (MSAM) Conference 2017, Kuala Lumpur AMEC & VISAGE 2017, Monaco 5 Continent Congress (5CC) Barcelona 2017 42nd Annual Dermatology Conference (PDM) 2017 Dermatology Symposium for ASEAN Community (DSAC) 2017, Bangkok Thailand IMCAS Asia, Bali 2017 ITCAM Bangkok 2017 FACE London 2017