

**MONIKA FIDA**

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**Date of Birth:** 24/01/1974  
**Female**  
**Status:** Married, 2 children  
**Driving Licence:** Yes  
**Hobbies:** Reading

**EDUCATION :**

**December 2020**                    **“Associated Professor” Dermatology Department.**  
University of Medicine of Tirana, Albania.  
**Diploma**

**April 2013**                        **PhD Degree in Dermatology**  
University of Medicine of Tirana, Albania  
**Diploma.**

**2005 – 2006**                    **Master in Dermatology**  
**University of Tirana**  
**Diploma.**

**2002 - 2005**                    Postgraduate Studies in Dermatology  
Resident Program, University of Tirana, Albania.  
**Diploma.**

**1992 - 1998**                    General Practicional Doctor.  
Faculty of Medicine, University of Tirana  
**Diploma.**

**QUALIFICATIONS:**

**October 2014**                    Intensive Qualification “Teaching in Medicine”.  
Austrian- American Foundation  
Salzburg Weill Cornell Seminar.  
**Salzburg, Austria**

**Certifikate.**

- October 2012** Observership on Dermoscopy Application  
Dermatology Department, AKH  
**University of Viena, Austri.**  
*Certifikate.*
- 2012** Intensive short course “ Laser Therapy”  
Harvard University.  
**Boston, USA.**  
**Certifikate.**
- October 2009** Intensive Qualification “Dermatology”.  
Austrian- American Foundation  
Salzburg Weill Cornell Seminar.  
**Salzburg, Austria**  
**Certifikate.**
- July 2008** **Dermatoscopy Course**  
Dermatology Department,  
**University of Graz, Austria.**  
**Certifikate.**
- July 2005** **Dermatopathology Course**  
Harward University  
**Boston, USA**  
**Certifikate.**
- Sept.- Nov 2006** Observership in Dermatology Surgery Unit  
Lasers Unit  
Institute of Dermatopathology IDI,  
**Roma, Italy.**  
**Certifikate.**

**Work Experience:**

- Nov. 2011- Actually** **Lecturer of Dermatology**  
Dermatology Department, Faculty of Medicine  
University of Medicine of Tirana, Albania.
- Dermato- Venerologist Doctor**  
University Hospital Center “Mother Teresa” Tirana, Albania

- January 2007 – Actually**      **Lecturer** ( Part- Time)  
University“Zonja Këshillit të Mirë”,  
Dermatology Department  
Tirana, Albania.
- 2006- Actually**                      Head of the private clinic "A Derma" (Part Time)  
Tirana, Albania.
- January 2005- Nov 2011**      **Dermato- Venerologist** Doctor  
Outpatient Unit  
Primary Health Center, Tirana, Albania
- October 2009- 2011**              **Lecturer** ( Part- Time)  
University Kristal,  
Dermatology Department, Tirana, Albania.
- January 2005- 2007**              **Lecturer** ( Part-Time)  
Faculty of Arts, University of Tirana.  
Department of Normal Anatomy,  
Tirana, Albania
- January 2002 – 2005**              Residency Program, University Hospital Center  
“ Mother Teresa”, Tirana, Albania.

- **Member of Bord of International Dermoscopic Society (IDS- since 2018)**
- **Member of Board and co-founder of Albanian Society of Dermatology Venerology ( since 2009)**
- **Member of European Academy of Dermatology Venerology (EADV).**
- **Member of Board and co-founder of Albanian Society Cosmetology Aesthetic Dermatology (ASCAD).**
- **Member of Scientific Editors of Albanian Journal of Health Science.**
- **Member of Scientific Editors Bord of Global Journal of Dermatology&Venerology.**
- **Member of Task Force “ Dermatology for Cancer Patients” EADV ( since 2021)**

**Invited Lecturer:**

1. University of Napoli “ Federico II”, Dermatology Department, Italy, October 2021 -  
“ Pyoderma Gangresosum” lection.
2. University "Guglielmo Marconi" University Rome, Italy, April 2019, “ Filler  
complications”- lection.
3. University "Guglielmo Marconi" University, Rome, Itali, 2017 “ Laser Complications”  
lections.

## **PUBLICATIONS :**

### **Books**

1. **Dermatology- Venerology.** Textbook for students of Faculty of Medicine, UMT. Jan.2022. Vasili, Fida.
2. **Dermoscopy .** Textbook. Faculty of Medicine of Tirana, UMT. Jan. 2022. Fida

### **Book Chapter:**

1. Preseptal cellulitis, Common Eye Infection. Edited by Imtiaz A.Chaudhry. May 2013 ( Fida, Kocinaj, Abazi, Grezda). ISBN 978-953-51-0926-6.
2. Botulinum toxin, indications and side effects. CBA Textbook of Aesthetic Dermatology. 2023, in print.
3. Unilateral Erythema . Clinical Cases In Facial Erythema. Springer 2022. Edited by Torello Lotti, Mohammad Jafferany, Xing Hua Gao, Ayman Abdelmaksoud. ISBN 978-3-031-05996-4. ISSN 27306178. <https://doi.org/10.1007/978-3-031-05996-4>.

### **Artikuj:**

1. Erythroderma in an infant from a traditional alternative remedy. JEADV January 2023. DOI: 10.1002/jvc2.108 ( Vasili, **Fida**, Bardhi, Dedej, Klironomi).
2. Efficacy of combined low dose hormonal contraceptives in the treatment of Acne Vulgaris – a randomised control trial study. JOJ Dermatology & Cosmetics. Volume 4, Issue 5 . Shtator 2022. ( Orjana Janushaj, **Monika Fida**, Oljeda Kacani, Briseida Ziu, Ermira Vasili).
3. Systemic Treatments of Acne Vulgaris- 4 case series and review of Literature. AJMHS Vol.57.2021. ( Orjana Janushaj, Ritjana Malaj, Ledio Gjunksi, **Monika Fida**).
4. The role of Dermoscopy in the Diagnosis of Onychomycosis. AJMHS Vol.58. 2022. ( Elna Cano, Arbnore Tafica, **Monika Fida**).
5. Knowledge, attitudes and behaviors of high school adolescents regarding sun protection, effects of the sun and skin cancer. Journal of Community Medicine and Public Health Reports. Volume 3 Issue 02. Mars 2022. ( Elna Cano et al, **Monika Fida**).
6. Skin Cancer: Attitudes and Behaviors among adolescents for sun protection. SOJ Medical and Clinical Case Reports ( SOJMCCR). Tetor 2022. ( Elna Cano, **Monika Fida**, Ermira Vasili)
7. Melanoma after In-Vitro Fertilization: A risk factor or just a coincidence? Journal of Clinical & Experimental Dermatology Research Tetor 2022. ( Ritjana Mala, Leart Berdica, Joana Thimja, Monika Fida).

8. Fungal Skin Infections modified by treatment – case report and literature review. Journal of Applied Cosmetology. Vol .38 iss 1. 2021 (Allma Kocinaj, Monika **Fida**, Dardan Kocinaj).
9. Does an ideal filler exist? Journal of Applied Cosmetology. Volume 38. Issue 2. July-Dec 2020. (Monika **Fida**, Hoxha, Mala, Pupo, Janushaj)
10. Pathogenesis and Clinical Relevance of Candida Biofilms in Vulvovaginal Candidiasis. Nov. 2020. Frontiers in Microbiology 11. DOI: [10.3389/fmicb.2020.544480](https://doi.org/10.3389/fmicb.2020.544480). (Juliana Campos, Rohitashw Kumar, Noelly Queiroz Ribeiro, José Luís González-Cespón **Monika Fida**.)
11. Sars-CoV 2 induced urticaria or just a concomitance? Dermatologic Therapy Journal. (**Fida**, Mala, Pupo, Dibra, Nasto). August 2020 <https://doi.org/10.1111/dth.14250>
12. Erythroderma, a marker of cutaneous and systemic diseases. European Medical Journal. April 2020. ( Hoxha, **Fida**, Mala, Vasili).
13. Harlequin syndrome: not just a color change. 2020 AJHS (**Fida**, Mala, Kacani, Vasili)
14. Complications of Tattoo removal- are they rare? JOJ Dermatology and Cosmetics. May 2020. ( Mala, **Fida**, Hoxha).
15. Granulomatous Wegener with multiple Pyoderma gangrenosum – like ulcers. Dermatologic Therapy Journal. April 2020;33:e13255. (Jorgaqi, **Fida**, Mala, Lame, Vasili).
16. Therapeutic considerations and clinical characteristics of a sample of adolescent patients with acne vulgaris in Tirana, Albania: A cross-sectional study. Dermatologic Therapy Journal. April 2020; (Savo, Jorgaqi, **Fida**, Vasili, Kuci, Daxi, Toci, Jafferany).
17. Efficacy of biologic therapies in Psoriasis Vulgaris. Dermatologic Therapy Journal 2019, Apr 15. ( Mala, **Fida**, Jorgaqi, Vasili).
18. Medication adherence among Albanian patients with rheumatoid arthritis. Journal of biological regulators and homeostatic agents 33(1):125-131. January 2019 (Kellici et al, **Fida**).
19. Eumycetoma Pedis in an Albanian Farmer. Cutis 2018 November;102(5):E13-E15. ( **Fida**, Saraceno, Gjylametaj, Dervishi, Barbullushi, Kellici, Vasili).
20. Eruptive xanthomas and pancreatitis: clinical, dermatoscopy, confocal and pathological correlation. (Saraceno R, Dattola A, Pietroleonardo L, Pitocco R, **Fida M**, Chimenti S.) G Ital Dermatol Venereol, 2017 Aug;152(4):394-396.
21. Onychomycosis; new treatment option with laser therapy. Universi. Vol. 2 April 2016. ISSN1857-9450. (Kocinaj, Dervishi, Zaimi, Pupi, Gjylametaj, **Fida**)

22. Oral lichen planus:therapy and phototype. G Ital Dermatol Venereol 2016 Dec. (Bruno Lore, Rosita Saraceno, **Monika Fida**.)
23. Efficacy and safety of infliximab in psoriatic patients over the age of 65. Expert Opin therapy Pat 2016 Nov31;15(11):1459-1462. (Andrea Chiricozzi, Maria Sole Chimenti, **Monika Fida**, Rosita Saraceno).
24. Serum Protein Profile Changes in Psoriatic Patients Undergoing Treatment With Infliximab. Journal of Drugs in Dermatology: JDD 15(2): 134-138, February 2016. (Rosita Saraceno, Sergio Chimenti, Luca Bianchi, Andrea Chiricozzi, Monika **Fida**).
25. Expert Opinion on Therapeutic Patents . ISSN: 1354-3776 (Print) 1744-7674 (Online) Journal homepage: <http://www.tandfonline.com/loi/ietp20>. ( Andrea Chiricozzi, Rosita Saraceno, Lucia Novelli, **Monika Fida**, Francesco Caso, Raffaele Scarpa, Luisa Costa, Roberto Perricone, Marco Romanelli, Sergio Chimenti & Maria Sole Chimenti).
26. Dermatological Manifestations of Pregnancy. AJMHS. Vol 47. (1): 14-27. 2016. (Asllani, **Fida**, Vasili.)
27. Dermatomycosis frequency and localization sites. Med Arh. 2015 Feb; 69(1):58-59 .(Allma Kocinaj, Merita Kotori, Andi Koraqi, **Monika Fida**).
28. The use of Patch Tests for the diagnosis of Contact Dermatitis: an Albanian experience”. Journal of Health Sciences. 2015 (**Fida**, Kellici, Shehu, Dervishi, Topi, Qirko, Vasili).
29. Esthetic Dermatology today. International Journal of Science and Research ( IJSR), Volume 4, Issue 10, October 2015 . ( **Fida**, Dervishi, Pupo, Lashi, Bezati, Vasili).
30. A Study on the prevalence and Dermatology Life Quality Index on Vitiligo in Tirana, Albania. Balcan Military Medical Review 2015; 18(4): 106-115. ISSN: 1107-6275. ( Sinani, Roshi, Lico, **Fida**, Dajci).
31. Bilateral choroidal melanoma and recurrence of the choroidal melanoma following internal resection of the left eye. International Journal of Health Sciences and Research. 2015. ISSN: 2249-9571. ( Grezda, Simaku, **Fida**, Bezati, Kellici).
32. Tattoo and Complications: Some Cases during Everyday Practice. International Journal of Science and Research ( IJSR) ISSN 2319-7064. July 2015. ( Dervishi, Vargu, Bardhi, Dajci, Puca, **Fida**, Shehu).

33. The use of H1 antihistamines in the Republic of Albania: risks and role of professional counseling. ISSN: 2412-6373. Albanian Journal of Medical and Health Sciences. Vol.46.(1) 83-92. June 2015. ( Joana Mihani, Besian Abazi, **Monika Fida**, Brunilda Myftari, Suela Këllici).
34. Tinea corporis in a patient with non-Hodgkin Malignant Lymphoma with peripheral T Cells. International Journal of Health Sciences and Research. Vol.4;Issue:6; June 2014. ISSN 2249-9571. (Najada Gjylameti, Dhimiter Kraja, Tatjana Caja, Polikron Pulluqi, Adela Perolla, **Monika Fida**).
35. A case of Allergic Dermatitis after self-treatment with propolis: case report. Macedonian Journal of Medical Sciences. 2013 Dec.15;6(4):425. (**Fida**, Kellici, Hoxha, Qirko).
36. Evaluation of patterns and appropriate gastro protection in Albanian primary health care users. Journal of Biological Regulators& Homeostatic Agents. 2013 (S.kellici, A Dibra, Xh. Dracini, L Deda, **M. Fida**, G. Burazeri).
37. Neurofibromatosis Associated with plaque-type psoriasis: Coincidental occurrence or causal association? Cutis 2011. (Vasili, Saraceno, Vargu, Hysi, Kellici, **Fida**).
38. Multiple Erythema Lesions obscured as fungal skin infection. Case report. Macedonian Journal of Medical Sciences. 1857-5773.2014.0417 (Allma Kocinaj, Antigona Gercari, Mybera Ferizi, Edlira Lashi, Lorela Gjunksi, **Monika Fida**)
39. Hospital Infections and Dermatologic Pathologies. Contemporal Medicine. Nr. 10/2013. 87-88. ( Dajci, Vargu, **Fida**, Dajci, Muca, Gega).
40. Subungual Solitary Glomus Tumor. International Journal Of Medical Research and Pharmaceutical Sciences. ISSN 2394-9414. ( Bezati, **Fida**, Pupo, Topi, Bezati, Sinani).
41. Evaluation of patterns and appropriate gastro protection in Albanian primary health care users. Journal of Biological Regulators& Homeostatic Agents. 2013 (S.kellici, A Dibra, Xh. Dracini, L Deda, **M. Fida**, G. Burazeri).
42. The study of the activation of macrofags. Bulletin of Medical Science. Faculty of Medicine. Vol.43, Tirane 2012, Albania. ( Kellici, **Fida**).
43. The performance of primary health system in Tirana. Bulletin of Medical Science. Faculty of Medicine. Vol.42, Tirane 2011, Albania. ( Kellici, Burazeri, Dibra, **Fida**).

44. Hyperhidrosis treatment with Botulinum Toksine. Bulletin of Medical Science. Faculty of Medicine. Vol.2 , Tirane 2010, Albania. ( **Fida**, Janushaj, Kollcinaj).
45. Chemical Peels and applications, benefits and our experience. Acta Dermatovenerologica Albanica, Vol 7, Nr.1. Prishtina 2010 ( **Fida**, Janushaj, Dajci, Bardhi).
46. Applications of Patch Tests in Allergic Contact Dermatitis. Acta Dermatovenerologica Albanica, Vol 7, Nr.1. Prishtina 2010 ( **Fida**, Vasili, Elezi, Xhixha).
47. Dermoscopy and early detection of Melanoma. What we know? Medicus 2009. North Macedonia 2009. ( **Fida**).
48. The value of Patch Tests in diagnosis of Allergic Contact Dermatitis. Albanian Medical Journal. Vol.I. Tirane 2009. ( **Fida**, Ndoni, Xhixha).
49. The treatment of Tinea pedis/ manuum, “ the syndrome 2 feets and 1 hand”. Albanian Medical Journal. Vol. I. Tirane 2009. ( Gjylametaj, **Fida**).

More than 50 abstracts and oral presentation in International Congresses/ Conferences and National Congresses.

#### **Most Recently Oral Presentations :**

1. Filler Complications – are we safe? Dubaiderma, March 2022. **Dubai**. ( **Fida**).
2. Filler Complications- What we should know? 2-nd Wold Congress of Trichoscopy and Antiage Hair&Nail and Anti-Aging 2021. **Sorrento-Italy**. ( **Fida**, Pupo, Mala, Filaj)
3. Sapho Syndrome – is it rare as we think? EADV European Academy Dermato-Venerology EADV 30th Congress. Sept. 2021. ( **Fida**, Malaj, Cano, Vasili).
4. The role of genetic tests in diagnosis of rare skin diseases with skin involvements. (**Fida**, Vasili Babameto). Biotechnology & Gemetics developments and future challenges BGIC May 2021.
5. Melanoma and follow up. What we should know ? ( **Fida**) Webinar. Faculty of Medicine of Tirana. May 2021.
6. The role of medical consent in application of a filler . ASCAD Conference. March 2021 ( **Fida**).
7. Pyoderma Gangrenosum as a marker of internal diseases. 24th World Congress of Dermatology, Milano 2019, **Italy**. ( **Fida**, Vasili, Jorgaqi, Malaj).



8. Isolated localised extragenital bullous lichen sclerosus et atrophicus. 24th World Congress of Dermatology, Milano 2019, **Italy**. ( **Fida**, Mala, Memini, Zenelaj, Vasili).
9. Lazer treatment are we safe? European Congress of Aesthetic Medicine. **Rome** 2016, **Italy** (Fida, Dervishi, Pupo, Shehu, Bardhi, Bisholla).
10. Laser complications: Doctors, law and patients, Trieste, **Italy**. Cosmexchange. **February 2015. ( Fida)**.
11. Laser complications and safety: doctors patients and Law. 12th EADV Spring symposium. 2015 ( **Fida**, Dervishi, Pupo, Bardhi, Shehu, Sinani, Dajci.)
12. Patch tests: Why and when we perform them? 23th EADV Congress, **Amsterdam**, 2014. ( **Fida**, Bardhi, Shehu, Kellici, Vasili, Hoxha, Qirko).
13. Patch tests- Why. 22nd EADV Congress, Istanbul 2013. ( **Fida**, Qirko, Hoxha, Vasili)
- 14.** The role of dermatoscopy in the diagnosis of Melanoma and different nail disorders. Konferenca 3te EUASSO (European Asian Society of Surgical Oncology) October 2016. ( **Fida**).
15. Non Melanocitic Skin Cancer ( a retrospective study). 8th South- East European Conference on Chemotherapy and Infection. October 2017, Durrës. ( **Fida**, Vasili).