



CV Dr. Rudolf Weyergans

Rudolf Weyergans, born in May 1953, has studied sociology, psychology and medicine at the University of Aachen, Germany. Already in the seventies Rudolf Weyergans worked together with bodybuilders on a study about the subject „Body Image“.

His findings, how “Body Image” influences self-confidence, led to the fact that the contributions of unemployed members in Swedish gyms were carried by the state. Very early Weyergans got in touch with lymphology, a special field of vascular medicine. In this field the passionate motor-bike driver invented a treatment method for swollen arms and legs, during which an automatic pressure – massage was conducted by means of air chambers (the first prototypes being hoses of motor-bike tires). In the meantime, this method of lymphatic drainage became a well-known standard in the therapy of edema and follow up care of breast cancer.

In the meantime, Weyergans became co-founder of the Medical Cosmetic Association (Verband Medizinische Kosmetik e.V.) and an important partner in the area of vascular medicine and rehabilitation as well as sports medicine. Since the mid of the eighties, the all-rounder engaged more and more with the topic physiological muscle pump and connective tissue. Numerous lectures, publications and a book for the patients brought him the title “Lord of the Legs”.

Among his network we find the Max-Planck-Institute for experimental medicine in Goettingen, Germany, as well as the Institute for aerospace medicine of the German Aerospace Association (DLR – Deutsche Luft- und Raumfahrtgesellschaft), with whom he has developed the Intermittent Vacuum Therapy (-IVT-), the so called “space tube”. With numerous patents and awards, Weyergans engaged as well in the prevention field or “secondary health market” as in the field of chronic wounds, diabetic foot syndrome, arterial occlusion disease and rehabilitation. As a mentor in that area, Weyergans is concept partner of professional providers in health care, health insurances and patient associations.