

Combined EBD treatment on skin lifting and tightening procedure: Strategy and its rationale

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The aging process affects all layers of the skin, leading to concerns such as sagging, loss of tone, and changes in texture. Non-surgical skin lifting and tightening procedures have emerged as effective solutions by utilizing energy-based devices (EBDs) to target deeper layers of the skin. These devices deliver energy that stimulates collagen and elastin production, gradually improving skin tone, texture, and elasticity.

Various types of EBDs exist in the market, each employing a unique mechanism to achieve desired results. Some devices utilize thermal energy to heat the skin, while others apply mechanical energy to smooth fibrous tissue. Combining different EBDs has shown promising results, enhancing the efficacy of the treatments.

This lecture aims to explore the preferred combination of EBDs, the procedural approach, and the underlying rationale. By discussing these aspects, a comprehensive understanding of the benefits and mechanisms behind these treatments can be obtained, leading to more effective and tailored non-surgical skin lifting and tightening procedures.