

## How I manage spoiled melasma: perspective of Korean dermatologist

Haewoong Lee, MD, PhD

Louis Dermatologic Clinic, Guri, Korea

Among the treatment of various pigment diseases, the treatment of melasma is perhaps more difficult and challenging, because the treatment of choice is determined by the doctor's disposition and various variables related to the patient's skin condition.

In general, the treatment of melasma is based on drug treatment, and various energy based devices (EBDs) have been used, starting with 'laser toning' based on QS Nd:YAG laser.

We can still experience 'spoiled melasma' related to 'laser toning' and it is generally divided into rebound hyperpigmentation and mottled hypopigmentation.

In this lecture, I would like to introduce the treatment of mottled hypopigmentation in particular, and look into the 'real world' treatment of melasma especially periocular type, which is easy to mess with and has a high level of difficulty.