

**- Title of abstract**

Optimizing diagnosis, planning, and treatment using HA fillers

**- Affiliation**

Etonne Plastic Surgery Clinic

**- Authors**

Jeongmok Cho<sup>1</sup>

<sup>1</sup>*Etonne Plastic Surgery Clinic*

**- Main body (400 words maximum):**

As we age, the volume of the face decreases and the soft tissues sag downward. Hyaluronic acid fillers are very useful for filling in the lost volume in the face. It is important to have a good anatomical understanding of the areas that are prone to volume loss. Giving the face a smooth contour is the most important part of creating an attractive face. Everyone's face has a different shape and structure, and there are different areas that need treatment and different reasons. While it's important to perform a safe and accurate procedure, this is the most fundamental part of any filler treatment. It is necessary to make a different diagnosis for each patient and create a personalized treatment plan. Understanding the anatomical changes that occur with aging and identifying the best areas to access will help optimize the pre-procedure plan. This article describes a three-step approach to optimizing the diagnosis, creating an appropriate plan, and performing a safe procedure.