

Acne vulgaris is the most common inflammatory dermatosis treated worldwide. Visible nature of acne, symptoms and sequelae all contribute physically and psychosocially to the overall burden of disease. The widespread and prolonged use of antibiotics introduces a potential added burden through resulting antimicrobial resistance. Laser and light-based interventions present as alternative options have been used in combination with conventional medical therapies and provided clinical benefits. The session mentioned updated overview and my experience on the use of lasers and light-based devices in acne management.