# SHANTHALA SHIVANANJAPPA.MD

CEO & Founder Of ShanthalaMD

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As the Medical Director of a non-surgical cosmetic medicine practice Dr. Shanthala Shivananjappa has been personally performing all minimally invasive procedures and injectables for the past 9 years. My focus and special interest is in the field of Regenerative medicine especially with the use of Exosomes since 2019. A list of all the procedures that I perform are available on my website at shanthalamd.com.

#### Skills

I have special interest in the use of Exosome therapy since 2019. www.shanthalamd.com

#### Work History

Jul 2014 - Current	Founder, CEO and Medical Director Self-employeed, BOSTON.MA.USA • Shanthala MD Laser & Aesthetics clinic
	Instructor Harvard Medical School, BOSTON.MA.USA
Nov 2004 - Jul 2013	Attending Anesthesiologist Massachusetts General Hospital, Boston, MA. USA
Jul 2002 - Jul 2003	<b>Assistant Professor</b> Yale, University School of Medicine, TMP3, Cedar, New Haven, CT. USA
	Committee on Conscious Sedation,
	Yale, New Haven, CT. USA
	Committee on Conscious Sedation, was involved in developing guidelines for

the use of Propofol in the GI endoscopy suite.

•	Aug 2001 -	Instructor
	Jun 2002	Yale University School, Cedar, New Haven, CT. USA
•	Jul 2013 - Jul 2014	<ul> <li>Attending Anesthesiologist</li> <li>Private practice, BOSTON.USA</li> <li>Provided Anesthesia for Boston Eye Surgery and Laser Center at their locations in Boston and</li> <li>Waltham</li> </ul>
•	Sep 2003 - Nov 2004	<b>Staff Anesthesiologist</b> Anesthesia Associates of Salem Inc, Salem Hospital, Salem, MA. USA
•	Sep 1997 - Jan 2001	<b>Resident ANESTHESIOLOGIST</b> Beth Israel Deaconess, Medical Center, Harvard Medical School, Brookline, Boston, MA. USA
•	Jan 1997 - Jan 2001	<b>POSTGRADUATE</b> Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA. USA
•	Jun 1996 - Jun 1997	<b>Intern</b> Hospital of Saint Raphael, New Haven, CT. USA
•	Jan 1996 - Jan 1997	<b>Medical</b> Hospital of St.Raphael, New Haven, CT. USA
•	Jan 1991 - Jul 1994	<b>Resident ANESTHESIOLOGIST</b> JJ Group Of Hospitals, GRANT Medical College, Bombay, MUMBAI. INDIA
<u>ତ</u> ୍	Educatio	on
•	Sep 1997 - Jan 2001	<b>M.D.</b> Diplomate of The American Board of Anesthesiology
•	Jan 1991 - Jan 1994	<b>M.D.: MD</b> Diplomate of The National Board of Examinations
•	Jan 1991 - May 1994	<b>M.D.</b> Anesthesia, University of Bombay
•	May 1989	<b>MBBS</b> JJM Medical College, University of Mysore - Davangere

#### Affiliations

American Society of Laser Medicine and Surgery American Society of Anesthesiology Massachusetts Society of Anesthesiology.

## **Additional Information**

- LICENSURE AND CERTIFICATION, Connecticut State Medical License, 2001-current Massachusetts State Medical License, 2003-current
- HONORS AND AWARDS, 1994- MD Anesthesia, secured the 1st Rank among all graduating students in the discipline of Anesthesiology of the University of Bombay. Awarded the Dr. Moxmadan Nerbheram Desai Prize 1993 for securing the highest average points of successful candidates at the MD Anesthesia examination of the University of Bombay. 1989-MBBS, graduated from the University of Mysore securing the 2nd Rank in the graduating class. Awarded the Mysore Free Mason's Lodge Golden Jubilee Gold Medal at the 70th Annual Convocation of the University of Mysore held in January 1990. Awarded the Her Highness the Yuvarani Kempu Chaluvajammanniavaru Gold Medal at the 70th Annual Convocation of the University of Mysore held in January 1990. Awarded the AR Seethamma Gold Medal at the 70th Annual Convocation of the Parvathamma Sundara Rama Rao Gold Medal at the 70th Annual Convocation of the University of Mysore held in January 1990.

### Accomplishments

#### **PRESENTATIONS:**

March 2022 -Istanbul Live Regenerative Surgery Multispeciality Course Invited speaker on 'My experience with Exosomes'

October 2022- Eurasia non-surgical Days Istanbul 2022-Invited speaker 'Exosomes in Wound Healing'

October 2022- IMCAS Asia Bangkok 2022- Accepted Scientific abstract- 'Dogbite on face treated with Exosomes'

January 2023-IMCAS Paris 2023- Exosomes session speaker-'Potential role of Exosomes in Wound Healing'

Jan 2023-My Exosomes case series are accepted by JDD

February 2023-International Association of Stemcell and Regenerative Medicine, Anti-Aging, Longevity, Functional Regenerative Medicine webinar, Panelist February 2023- Dermacon International Mumbai 2023- 50th Annual conference of IADL (Indian Association of Dermatologists) Speaker and Panelist, Session: Tissue Transfer, Speaker-'Approach to Exosomes'

**June 2023 - 15th 5CC World Congress:** 1. My experience with Exosomes for non surgical aesthetic treatments 2. Multi-Modality Approaches with Exosomes for Hard-To-Treat Acne Scars.

June 2023- IMCAS ASIA BANGKOK: 2 years follow up, scarless wound healing of a dog bite lip injury: Role of exosomes