

## **KOREADERMA 2023 Abstract Submission**

**Abstract submission for:**

Oral presentation only

Poster presentation only

*\*Please check the box with a different color.*

*\*Authors may indicate their preference for oral or poster presentation above. However, all final decisions are to be made by the organizing committee of KOREADERMA 2023.*

**Title of abstract (25 words maximum):**

**The C-curl - Impact of philtrum and upper lip on the attractiveness of young female faces**

### **Authors**

Nark-Kyoung Rho

Leaders Clinic, Seoul, Korea

*(Disclosure: The speaker is a member of the advisory board of Joonghun Pharmaceutical. The speaker will receive honorarium for the presentation)*

**Corresponding author's e-mail:**

[rhonark@hanmail.net](mailto:rhonark@hanmail.net)

**Main body (250 words maximum):**

### **Background:**

The "C-curl" of the philtrum has gained popularity as a key element in determining the attractiveness of young Korean female faces. Non-surgical upper lip lift using injectable fillers has become a significant aesthetic procedure for enhancing the philtrum and upper lip. Surgical lip lifting procedures have traditionally been employed, but recent studies have highlighted the preferences of young Korean females for specific lip ratios.

### **Objective:**

This lecture aims to explore the impact of the philtrum and upper lip on facial attractiveness, with a focus on the aesthetic importance of non-surgical upper lip lift using injectable fillers. The objective is to understand the aesthetic perception of upper lip lift, particularly the resulting acute columellar-labial angle, and its association with a more youthful and attractive appearance.

### **Methods:**

A comprehensive search of scientific databases was conducted to identify relevant studies published. The search terms included variations of "upper lip lift," "surgical lip lift," "non-surgical lip lift," "hyaluronic acid fillers," and "outcome measures." Studies that reported on outcome measures, patient satisfaction, complications, and aesthetic improvements were included for analysis. A recent clinical study by the speaker was also included.

### **Results:**

Surgical upper lip lifts consistently showed positive outcomes in achieving desired lip ratios and enhancing the appearance of the philtrum and upper lip. Additionally, the review found a growing body of literature on non-surgical upper lip lift procedures using injectable hyaluronic acid fillers. These studies focused on evaluating outcomes such as lip volume augmentation, lip contour improvement, and patient satisfaction. Injectable fillers were found to effectively enhance lip volume and shape, achieving desirable aesthetic outcomes comparable to surgical techniques.

**Conclusion:**

The lip lift procedure, not only surgical but also non-surgical with injectable fillers, is an efficient and effective method to achieve the desired Korean ideal shape for attractive lips. Understanding the aesthetic importance of the "C-curl" and the preferences of young Korean females allows dermatologists to provide valuable insights into non-surgical upper lip lift using injectable fillers, catering to the increasing demand for natural and youthful lip enhancements. The resulting acute columellar-labial angle has gained popularity among young Korean females due to its association with a more attractive and youthful appearance.

**Keywords:** *columellar-labial angle, hyaluronic acid, upper lip lift*