

Topic : The Best Result of Thermage FLX : 900REP

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Thermage FLX is a fourth-generation of Thermage that utilizes monopolar radiofrequency technology to improve skin elasticity and reduce wrinkles. With the transition from the third-generation CPT system to the FLX platform, there have been changes in the treatment parameters, specifically the tip size increasing from 3x3 to 4x4. Although the recommended treatment shot count has decreased from 900 REP to 600 REP, the larger tip area in the FLX allows for the delivery of the same total energy during the procedure. The FLX, with its increased tip size, enables deeper heat penetration, resulting in a more powerful lifting effect. However, there is a trend towards performing treatments at reduced energy levels compared to the CPT system, thus leading to a decrease in the total energy applied. Therefore, a treatment approach involving 900 REP with slightly lower energy levels and a longer duration may yield superior clinical outcomes. In this presentation, we will examine the treatment mechanism of Thermage and explore the reasons why 900 shots can achieve more favorable clinical results..

Keywords: Thermage, FLX, non-surgical anti-aging, monopolar radiofrequency, shot count